



Niverville Elementary School

VOLUME 18, ISSUE 2

October 2016

Niverville Elementary

Don't forget!

- Oct 6: Hot Lunch—Pizza Day
- Oct 5-9: Fire prevention week
- Oct 10: Thanksgiving Day—**NO SCHOOL**
- Oct 11-14 : Hearing Screening
- Oct 17-20: Bus Safety Week
- Oct 20: Hot Lunch—Subway Day
- Oct 21: P.D. DAY—**NO SCHOOL**
- Oct 28—October Fun Day

Make a Difference!

~Judy Hiebert

Carol Ann Tomlinson, an educator, writes that *The Little Prince* is her favorite book. I haven't read it, but it's about a boy (Little Prince) who is trying to find his way in a confusing world. He comes upon a fox and asks him to play with him. However, the fox says he can't because he isn't tamed and asks the Little Prince to tame him. The fox explained the process—that he would look at the boy out of the corner of his eye, the boy wouldn't say anything, but would sit a little closer to the fox every day. So the Little Prince tamed the fox, then it was time for the Prince to move on. Before the Prince left, the fox said "What is essential is invisible to the eye. You become responsible, forever, for what you have tamed." Carol Anne then describes several ways in which she sees this story as the North Star in seeking to understand effective teaching—they're listed below:

- Teaching is sending a young person forward on a journey they understand to be their own, eager to go and yet always looking back gratefully
- It's about a teacher intending to see beauty—what is invisible to the eye—in the child who passes by
- Establishing ties/relationship must start the learning journey and continue throughout it
- Seeing the uniqueness of each child and helping the child see that uniqueness as well

We are aware that positive teacher-student relationships affect student achievement as this bond enables the child to feel secure and take risks in their learning. Carol Ann reflects further on the story in the way of a metaphor—the fox was the teacher, the Little Prince was the student. Yet it was the fox who asked to be tamed. It was the teacher who was sad when the child journeyed on. She believes that we as teachers are the primary beneficiaries of the educational process. We are re-made each year with the passing through of each child. We shape the young lives but we truly are shaped by theirs as well. Students leave us with memories and lessons learned. Here's to another year of relationships and learning together!





Niverville Elementary School

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NES aspires to provide foundations that empower children to explore and excel. We Believe...

- Meaningful relationships are the building blocks for a nurturing learning experience.
- Curiosity, imagination and creativity are essential to the learning experience.
- Social-emotional, academic, and healthy physical development are shared responsibilities between home and school.
- Promoting care and concern for ourselves, others, and our environment will develop compassionate citizens.
- Open, honest communication is key to effective partnerships among students, parents, teachers, and community members.
- Our voice and strengths contribute to a positive learning community where we all belong and strive to be the best we can be.

FROM THE OFFICE...

Important

Student Pick ups:

If your child is to be picked up before regular dismissal, please send a note with your child or call the office **before 3:00 pm** to give details of who is picking up the child and when they will be picked up. **We request that the parent/person come to the office and Mrs. Benitez or Mrs. Lindsay will call the classroom for the child to meet at the office.** As a staff, we will be consistent with this procedure as it ensures safety and is less disruptive to the classroom.

Also, if there will be any change to their usual pick-up routine, please make sure that their classroom teacher knows.

Attendance:

Also a reminder that if your child is going to be away from school, please call the office **before 9:08 a.m.** and let Mrs. Benitez know so she can update the attendance. If a student is marked "absent" our automated system will be calling the home. It is important to remind your child if they are going to be late to check in at the office so we can mark them here. You can also email Mrs. Benitez or Mrs. Lindsay directly at **nes@hsd.ca** ~ Thank you!

****If your address or phone number changes at all ~ please let the office know.**

****Most "take home" material will go home with the youngest and only students in each class.**

BUS NEWS:

All urban bus routes are posted on the HSD website with times and maps. Any bus **urban or rural** that will be late due to weather or mechanical issues is listed on the HSD website in the bus delay area.

The website is at: **hsd.ca**

Go to drop down menu of Schools and Departments /Transportation where you can choose:

1. School Bus Delay Bulletins where any bus that is late is posted with approximate delay.
2. NIVERVILLE URBAN BUS ROUTES - When you go to your school specific routes and click on the map icon you will see times as well as a map AM/PM displayed.



Thank you for checking these options before calling the Hanover School Division Transportation Department with your questions regarding bus delays and Niverville urban bus route times and maps.

Learning Support News

Valerie Kosman, Brenda Lytwyn,
Leslie Bardal & Shannon Moffatt

We are well into the school year. It is hard to believe how fast September has gone.

Reminder to parents that kindergartens, grade 1s and all students new to the school will take part in the **Hearing Screening** held on Tuesday, October 11th to Thursday, October 13th. Students in grades 2-4 are screened if requested by the parent or teacher. Parents will be notified of any concerns regarding their child. It is important to remember that this is only a screening. If required, follow up with the audiologist would be set up through Student Services. Parents will be notified if a referral is being made. Vision screening is no longer provided by the school. If teachers have concerns regarding their students' vision, they will contact parents to inform them. All parents of kindergarten students were provided with Eye See...Eye Learn optometrist forms at the Spring K orientation. If you need another form, they are available at the office. Once you have seen the optometrist, please return the form to Leslie Bardal or your child's kindergarten teacher.

Learning Support Referral Process: If you have a concern about your child's learning, speech, physical or emotional health, your first contact should be your child's classroom teacher. Your child's teacher is in regular contact with their Learning Support Teacher and will put in a formal request for services on your child's behalf. Our divisional services are speech and language, psychology, occupational therapy and social work services. The services at the school are extra reading/math support, other learning support, fine motor groups and behavior support. The Learning Support Team then meets to discuss clinician waitlists and prioritize based on whole school needs. If your child will receive services from one of our school division clinicians or in-school groups overseen by a Learning Support Teacher, a referral meeting or permission note will come home. The Learning Support Teacher will work along-side your child's classroom teacher to provide the best programming options for your child. If you have any questions or concerns, please call us at the school anytime.

Have a great fall!

Leslie Bardal, Brenda Lytwyn, Shannon Moffatt and Valerie Kosman

Street Safety

The crossing guard is at the crosswalk 8:30—9:00am and 3:30—4:00pm.

- In the mornings, we encourage all families to have their child(ren) cross within the set time. Please walk across with your child if they come to school after 9:00am.
- After school, the teacher on supervision sees that children cross the street within the set time.

Parents dropping off children on the north side of the school

- Please avoid dropping off in the Bus Zone.
- Do not have children crossing in the middle of the street as this is a high traffic area.
- Children should cross the street using the stop signs.



We work together in the interest of your child(ren)'s safety! Thanks!



October 2018

NES PAC News!

Join Us!

Niverville Elementary School (NES) Parent Advisory Council (PAC) meets the last Monday of every month. All parents with children attending NES are part of PAC.

Your opinions are valued. Come share them with us.

Next meeting date – October 24, 7pm @ NES!



Survey Results

NES PAC wants to thank all parents who took the time to complete the recent survey on fundraising in our school. **A total of 116 parents took part in the survey which works out to roughly 1/3.** PAC executive will be reviewing the results and making decisions on how we can continue to improve fundraising in our school.

Hot Lunch News

Hot lunch is back again this school year at NES! We're happy to offer this program again. Did you know this program also acts as a fundraiser for NES? Last year this initiative brought in over \$7,000!

October Hot Lunch Dates – 6 & 20

November Hot Lunch Dates – 3 & 17

Fundraising News

NES PAC fundraises in a variety of ways. The money PAC raises is used for a number of things in our school. From the electronic board outside, playground improvements and two way safety radio's just to name a few.

QSP - not just magazines! You can order photo books, gift wrap and many other neat things. **Go to www.qsp.ca and enter group ID 3704897** to place your orders. Last year this fundraiser brought in **over \$3,000** and requires very little volunteer effort.

Winterfest – NES Holiday Shoppes –

The second annual event will be held on November 19 from 10am-3pm at NES. Come and get your picture with Santa, buy some sweet treats or grab a Christmas present for a loved one!





NIVERVILLE ELEMENTARY

WHERE EVERYONE SHINES!

REMEMEBER – If you want to volunteer in the school you MUST complete a Child Abuse Registry Check. It only takes a few minutes and they are available at the front office.

Stay Informed!

A huge thank you to the new members of the PAC executive and to those staying on in a guidance roll this year.

For a full list of the new executive please visit www.nes.hsd.ca and click on the parent tab. This is also a great site to stay informed with what PAC is doing.



We want to hear from you!

Ideas? Comments? Concerns? Send them to NES PAC @ nesparentcouncil@gmail.com

We Need You!

Urgent Call Out for Volunteers for the 2nd annual Winterfest & Holiday Shoppes!

Thank you to our NES parents who have already signed up for our 2nd annual event!

Watch for email updates coming soon. We are still in need of more volunteers and if you can help out please email us at nesparentcouncil@gmail.com.

Shifts include:

November 18: (set up) 5pm-8pm

November 19: 9am – 1pm

November 19: 12pm-4pm

Volunteer opportunities include:

- 4 more event setup elves
- 2 welcome greater elves – (morning & afternoon)
- Santa Shoppe –
 - 1 cashier elf (afternoon)
- Sweet Shoppe –
 - 1 Shoppe coordinator
 - 1 sales elf – (afternoon)
- Mystery Shoppe –
 - 2 ticket sales elves (morning & afternoon)
- ~~Elves Workshope~~ –
 - 1 Shoppe coordinator
 - 2 face painter elves (afternoon)
 - 3 crafter/game elves (morning & afternoon)
- Holiday Gift Shoppe –
 - 2 greeters (morning & afternoon)
 - 10 personal elf shoppers (5 morning and afternoon)
 - 3 Cashier and Gift Wrapper Elves (2 morning and 1 afternoon)

Volunteer Orientation Meeting will be held Monday, November 7 @ NES – 7pm-730pm



Nutrition Bits and Bites!

Packing a Balanced Lunch

A Good-Tasting and Filling Lunch

Your child's school lunches and snacks are a major source of the essential vitamins and minerals they need in order to grow and develop over the years.

The foods you pack for your child will give them the energy and nutrients they need to learn and play at school. Without enough energy from food, they may feel tired and find it difficult to concentrate in class.



Ace the Lunch Packing Routine

- Pack something from each of the four foods groups.
- When introducing a new food, pack it along with something your child is familiar with and enjoys.
- Pack enough so your child can get filled up.
- Let your kids choose what and how much to eat from what you provide.
- Get your kids involved in packing their lunch.
- Pack what you can the night before school.
- Include something sweet or extra such as tortilla chips, dried fruit, pudding cups or a cupcake.

Disclaimer: Some recipes or food suggestions may not be suitable for people with allergies. Please check with your local school to identify foods that are acceptable or unacceptable in the classroom.

2015-2016

Think outside the sandwich!

Get creative and mix and match the options in the different columns to get a variety of lunch meals .

Veggies and Fruit	Grain Products	Milk and Alternatives	Meat and Alternatives
Pepper strips (red, green, yellow)	Tortillas, flatbread, naan or pita bread	Yogurt cups, tubes, drinks	Hard cooked egg
Peas in a pod or snow pea pods	Dry cereal	Yogurt dip (tzatziki) for veggies	Leftover meat, chicken or fish
Baby corn	English muffins	Milk or fortified soy beverage	Chicken, turkey or ham slices
Cherry tomatoes	Oatmeal muffins	Cheese cubes, cheese string or cheese slices	Hummus (see recipe below)
Melon balls	Rice cakes	Milk-based pudding	Refried or baked beans
Apple sauce	Whole grain crackers	Cottage cheese	Hard cooked egg
Zucchini sticks	Chapati, roti	Milk-based soup	Peanut butter
Cauliflower and broccoli trees	Pasta, brown rice, couscous, quinoa	Cheese-filled pasta (cannelloni, ravioli)	Steamed soybeans (edamame)
Sliced mango	Bread sticks	Hot chocolate	Marinated cooked tofu

Spicy Hummus

Makes 6 servings

Ingredients

- 1 can (19oz) chickpeas, drained and rinsed (about 2 cups)
- 2 garlic cloves
- ¼ tsp. Ground cumin
- ¼ tsp. Ground coriander
- ¼ tsp. Hot pepper sauce (optional)
- 1 Tbsp. Freshly squeezed lemon juice

1. In blender or food processor, on medium speed, blend chickpeas, garlic, cumin, coriander and hot pepper sauce for 30 seconds or until finely chopped. Add lemon juice and blend until smooth.

Dietitians of Canada: Simply Great Food. 2007

For more nutrition topics, go to the news and events section of www.southernhealth.ca or
 Contact Dial-a-Dietitian 1-877-830-2892
 Health Links -1-888-315-9257
 Nutrition Services Team T 204-388-2053

Created by Registered Dietitians from Southern Health - Santé Sud

May be photocopied in its entirety provided source is acknowledged.





	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Day 1	4 Day 2	5 Day 3	6 Day 4	7 Day 5	8
				HOT LUNCH: PIZZA DAY	Preschool Community Program 9:30 – 11:30 a.m.	
9	10 THANKSGIVING DAY	11 Day 6 Hearing Screening	12 Day 1 Hearing Screening	13 Day 2 Hearing Screening	14 Day 3 Hearing Screening Preschool Community Program 9:30 – 11:30 a.m.	15
16	17 Day 4 BUS SAFETY WEEK	18 Day 5 BUS SAFETY WEEK	19 Day 6 BUS SAFETY WEEK	20 Day 1 HOT LUNCH: SUBWAY DAY BUS SAFETY WEEK	21 PD DAY NO CLASSES	22
23	24 Day 2	25 Day 3	26 Day 4	27 Day 5	28 Day 6	29
					Preschool Community Program 9:30 – 11:30 a.m.	
30	31 PD DAY NO CLASSES					

2016

November

Su	Mon	Tue	Wed	Thu	Fri	Sat
		1 Day 1	2 Day 2	3 Day 3	4 Day 4	5
				HOT LUNCH: PITA PIT DAY	Preschool Community Program 9:30 – 11:30 a.m.	
6	7 Day 5	8 Day 6	9 Day 1	10 Day 2	11	12
				Remembrance Day Assembly 11:00am	REMEMBRANCE DAY NO CLASSES	
13	14	15 Day 3	16 Day 4	17 Day 5	18 Day 6	19
	PD DAY NO CLASSES	Picture Retakes	Grade 4 Immunizations (am only)	HOT LUNCH: PIZZA DAY	Preschool Community Program 9:30 – 11:30 a.m.	
20	21 Day 1	22 Day 2	23 Day 3	24 Day 4	25 Day 5	26
	REPORT CARDS				Preschool Community Program 9:30 – 11:30 a.m.	
27	28 Day 6	29 Day 1	30 Day 2			

2016